



BREAKFAST MENU

Cereals without Sugar

**Kellogg's Cornflakes with Milk
Kellogg's Rice Krispies with Milk
Weetabix with Milk**

Fruits

Small selection of fresh fruit

OR

Sultanas to add to Cereals

OR

Orange / Apple Juice

Milk or Water

Bread

Wholemeal Bread & Sunflower Spread

OR

Toast