

## North Wales Carers Information & Support Programme (CrISP)

Our Carer Information & Support Programmes are free to carers of people living with dementia. The aim is to support carers in their caring role by providing knowledge, information and coping strategies.

They are spread over a period of four sessions for four to five weeks in a small group setting with other carers delivered by a trained member of staff.

You have the opportunity to gain a better understanding of dementia, have an overview of the financial and legal implications, identify local support and care services, and look at practical ways of supporting someone experiencing difficulties associated with dementia.

### To book your place, please contact:

Denbighshire	01745 343026
Wrexham	01352 700462
Flintshire	01352 700462
Conwy	01492 546870
Anglesey	01248 671125
Gwynedd	01248 671125

### Carer Information & Support Programme (1)

*[For newly diagnosed carers who wish to learn more about dementia and issues surrounding dementia].*

Venue	Day	Start Date	End Date	Start time	End Time
Dolgellau Hospital	Friday	8 <sup>th</sup> Sept 2017	6 <sup>th</sup> October 2017	1.30pm	4pm
Llangefni Hospital	Friday	6 <sup>th</sup> October 2017	3 <sup>rd</sup> November 2017	1.30pm	4pm
Amlwch	TBC	TBC	TBC	1.30pm	4pm
Beaumaris	TBC	TBC	TBC	1.30pm	4pm

Gwelfor Community Centre	Thursday	2 <sup>nd</sup> November 2017	30 <sup>th</sup> November 2017	1.30pm	4pm
Quinton Hazell enterprise Parc	Friday	13 <sup>th</sup> October 2017	10 <sup>th</sup> November 2017	1.30pm	4pm
Eiranfa Centre Denbigh	Wednesday	4 <sup>th</sup> October 2017	25 <sup>th</sup> October 2017	1.30pm	4pm
Eiranfa Centre Denbigh	Wednesday	1 <sup>st</sup> November 2017	22 <sup>nd</sup> November 2017	1.30pm	4pm
Unit 2, Mold Business Park	Monday	13 <sup>th</sup> November 2017	4 <sup>th</sup> December 2017	1.30pm	4pm
Unit 2, Mold Business Park	Wednesday	15 <sup>th</sup> November 2017	6 <sup>th</sup> December 2017	Evening Session	Time TBC

## Carer Information & Support Programme (2)

*[Covering issues that arise as dementia progresses, understanding the behaviour of a person with dementia and ways of coping].*

Unit 2, Mold Business Park	Friday	6 <sup>th</sup> October 2017	20 <sup>th</sup> October 2017	1.30pm	4pm
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### Updates & Developments

Dates for the Carer Information & Support Programme in Wrexham are to be confirmed – please contact the local office for more information.

More Carer Information & Support Programmes (Level 2) will become available based on demand. These will become offered on a rolling basis in the near future.

If you cannot find a course that meets your availability, please get in touch as further dates will be scheduled.

**\*\*\*BOOKING IS ESSENTIAL\*\*\***

**Please contact the relevant local office if you would like to book on a course or to make a referral or email [northwalesreferrals@alzheimers.org.uk](mailto:northwalesreferrals@alzheimers.org.uk)**