

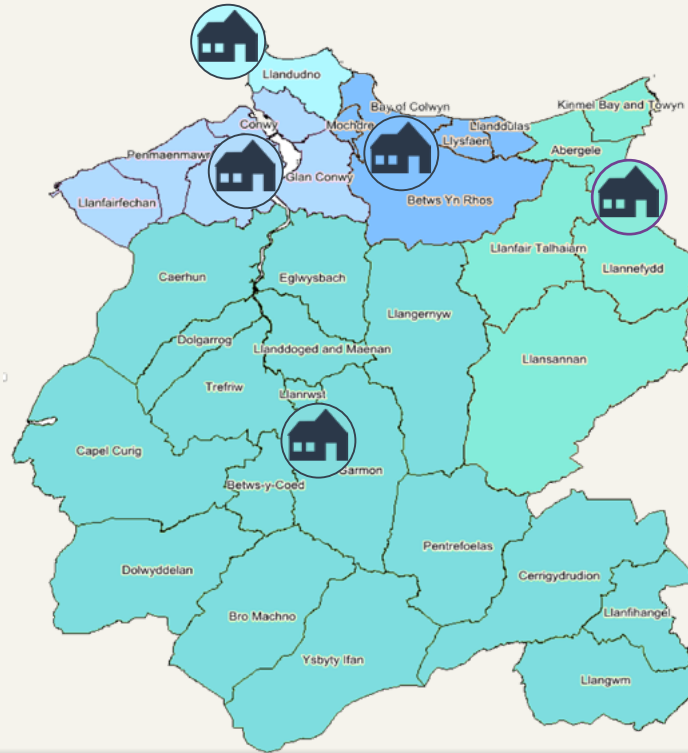
Canolfannau Teuluoedd Conwy

Mae bod yn rhiant yn wych, gall hefyd fod yn her.

Rydym am i deuluoedd gael cymaint o gefnogaeth â phosibl.

Mae angen cymuned i fagu plentyn.

Ystyr hyn: mae angen i lawer o bobl weithredol gefnogi ei gilydd i helpu plant ddatblygu'n oedolion iach.



Mae angen cymorth ar bawb weithiau.

Mae llawer o wasanaethau a sefydliadau ar draws ein cymunedau yn helpu teuluoedd. Rydym am iddyn nhw weithio gyda'i gilydd a pharhau i helpu rhieni a phlant a phobl ifanc.

Felly, rydyn ni am sefydlu canolfannau newydd i deuluoedd.

Byddan nhw'n ein helpu i gyfuno'r holl gefnogaeth a chanolbwyntio ar anghenion pob ardal.



Gwasanaethau lleol:

Hamdden a chwarae
Ymwelwyr iechyd a meddygon teulu
Heddlu Cymunedol



Ysgolion a Choleg



Grwpiau Cymunedol



Tîm Canolfan Teuluoedd

(wedi'i leoli yn y ganolfan ac yn gweithio yn y cymunedau)



Tîm Canolfan Deuluoedd

(yn symud o amgylch yr ardaloedd a'r canolfannau)



Os hoffech chi gael gwybod mwy, cysylltwch â:

FamilyCentres@conwy.gov.uk

conwy.gov.uk/canolfannauteuluoedd



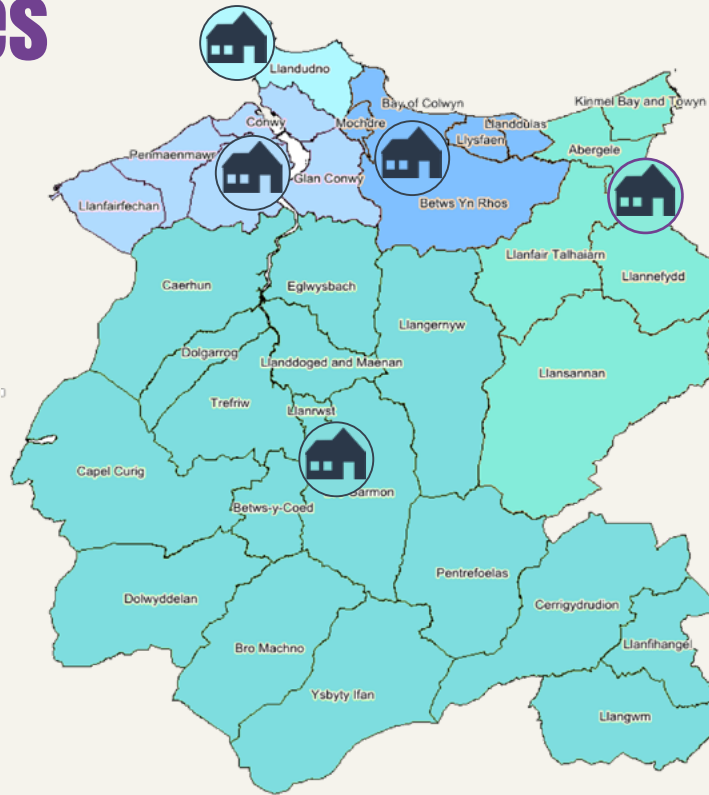
Conwy Family Centres

Being a parent is wonderful, it can also be a challenge.

We want families to get as much support as possible.

It takes a village to raise a child.

This means: it takes lots of active people supporting each other to help children become healthy adults.



Everyone needs help sometimes.

Lots of services and organisations across our communities help families. We want them to work together more and continue to help parents and children and young people.

So, we want to set up new family centres.

They will help us bring all the support together and focus on what each area needs.



Local services:

Leisure and play
Health visitors and GPs
Community Police



Schools and College



Community Groups



Family Centre Team

(moving around the areas and centres)



Family Centre Team

(based at the centre and working in the communities)

If you want to know more, contact:

FamilyCentres@conwy.gov.uk

conwy.gov.uk/familycentres

