## **Family Support:**





The five local Family Support Teams in Conwy are here to offer you and your family the right support at the right time.

## The beginning of your journey

It's your **choice** to work with us:

- We will be friendly, honest, respectful and professional
- We will work with you to understand what matters to you and your family
- We will get in touch within a week of you contacting us, or receiving your details.

## Whilst we're working together

Your **voice** is important - we will listen to you and look together at the different areas of your family life:

- We will work together on a plan of what to do next:
  - Find strengths and build on them
  - Provide the tools to support you and your family in making good choices
  - We will do what we have said we will do
  - We will help you to reach your goals.
- We will work with others to find the right support for you.

## **Moving forward**

When you feel in **control**, we will help you move forward in your family life:

- We will encourage you to be part of our community, and to help others
- We're still here for you if you need us.

Tell us what you think – we welcome your feedback and suggestions. •••

conwy.gov.uk/familycentres

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