



The Story of Your Dreams

If you had a friend who was always on your side and always told you the truth to help you grow, wouldn't you value such a person? Wouldn't you listen to them? Your dreams are such a friend. Ever wondered what they mean and how to interpret them?

Come along to this workshop to find out!



Linda Mary Edwards is a Jungian Analyst (a psychotherapist trained in the analytical psychology of Carl Jung) and Group Analyst, formerly working in the NHS, now in private practice.

18 - 25 YRS 4.30 PM - 6 PM

FRI 15TH JULY / FRI 26TH AUG / FRI 16TH SEPT

Stori Eich Breuddwydion

Pe bai gennych ffrind a oedd bob amser ar eich ochr a bob amser yn dweud y gwir wrthych i'ch helpu i dyfu, oni fydddech chi'n gwerthfawrogi person or fath? Oni fydddech chi'n gwrando arnyn nhw? Mae eich breuddwydion yn ffrind or fath. Ydych chi erioed wedi meddwl beth maen nhw'n ei olygu a sut i'w dehongli?

Dewch i'r gweithdy hwn i ddarganfod!



Mae Linda Mary Edwards yn Ddadansoddwr Jungian (seicotherapydd sydd wedi'i hyfforddi yn seicoleg ddadansoddol Carl Jung) ac yn Ddadansoddwr Grŵp, a arferai weithio yn y GIG, sydd bellach mewn practis preifat.

18 - 25 OED 4.30 PM - 6 PM

DYDD GWENER 15 GORFFENNAF / 26 AWST / 16 MEDI