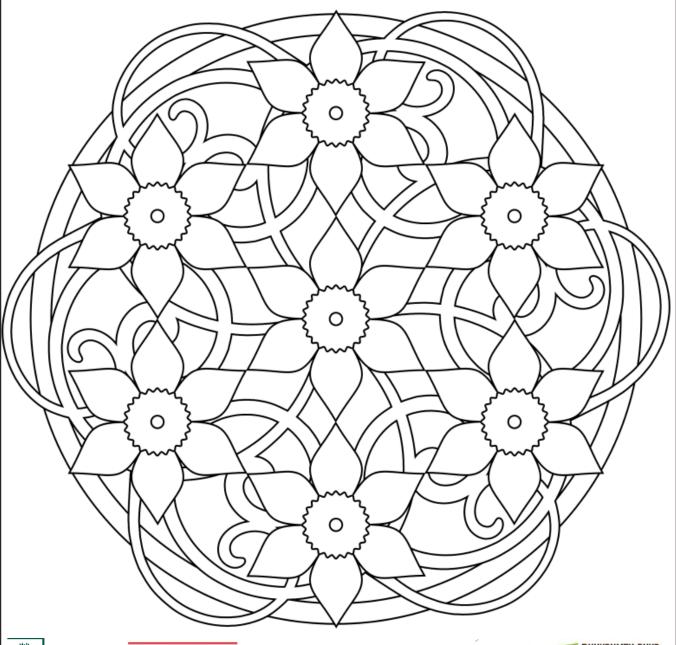






Pecyn Celf a Garddio - Hydref 2020

Art and Garden Pack - Autumn 2020





















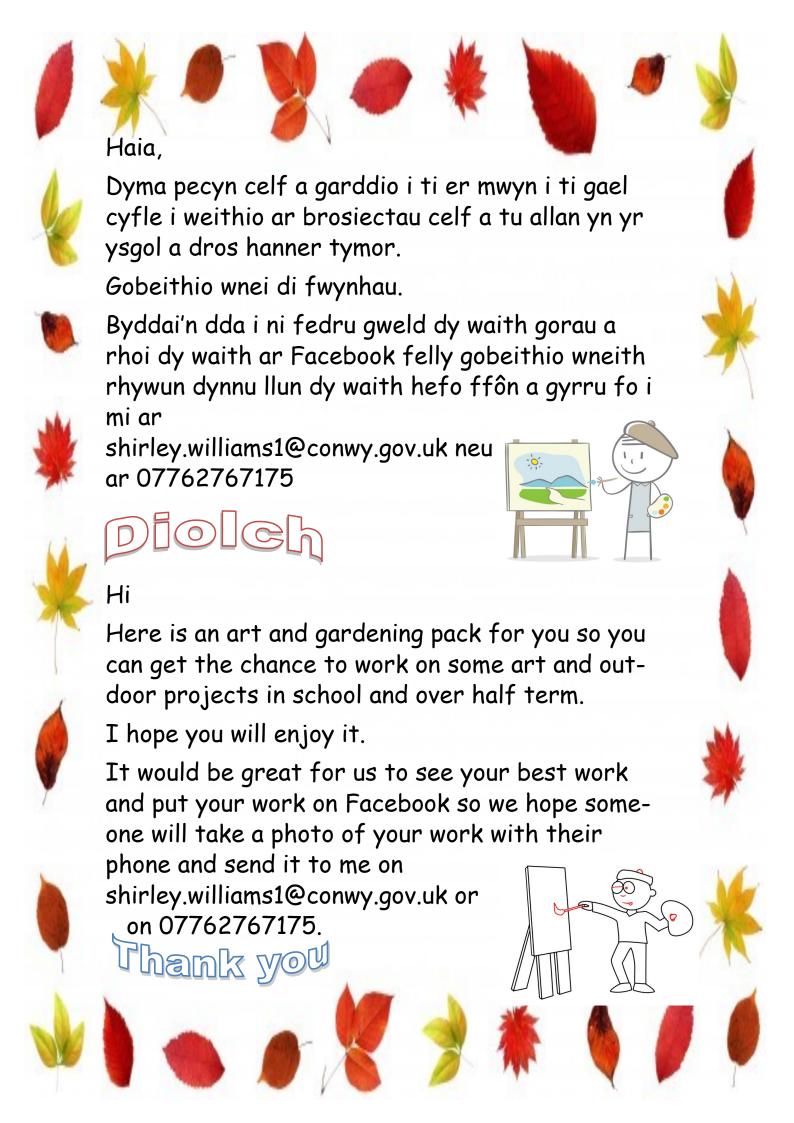














Awydd antur fach?



Byddwch yn barod am antur **Wyllt** gyda'r awgrymiadau arbennig hyn.

Ways to have a mini-adventure

Prepare yourself for some **Wild** exploration with these top tips.



Beth sydd ei angen arnoch

- Bag i storio unrhyw drysor
- 2. Dŵr a thamaid o fwyd i'ch cadw i fynd, fel ffrwythau sych a chnau
- 3. Amlen neu lyfr lloffion i gadw'r pethau ry'ch chi'n ffeindio ar y llawr, fel dail, plu a phetalau.
- 4. Pensiliau a chreons lliw i greu rhwbiadau dail a nodiadau
- 5. Darn o linyn i osod gwrthrychau ar y ffon fforio.

Things to take with you





- **Backpack** for storing any found treasures
- 2. Water and snacks to keep you going, like dried fruit and nuts
- 3. An envelope or a scrapbook to keep the things you find on the ground such as leaves, feathers and petals.
- Coloured pencils and crayons to take leaf rubbings and notes
- A piece of string to attach objects to your journey stick.

Gwneud ffon fforio

- Ffeindiwch frigyn neu ddarn o bren i gasglu pethau a fydd yn eich atgoffa o'ch antur.
- Rhowch blu, dail, petalau neu wahanol fathau o laswellt ar y llinyn.
- O le maen nhw wedi dod? **Sut** gwnaethon nhw gyrraedd y llawr?
- Peidiwch â phigo rhywbeth oddi ar blanhigyn byw.

Make a journey stick

- Find a twig or stick to collect things that will remind you of your walk.
- **Use the string** to attach feathers, leaves petals or different types of grass.
- Where did they come from? How did they end up on the ground?
- Please don't pick something off a living plant.

Ffyrdd o ddarganfod

Beth allwch chi glywed?

Allwch chi gasglu plu sydd wedi cwympo oddi ar adar sy'n canu?

Plygwch i lawr

i weld a oes unrhyw bryfed neu flodau'n cuddio yn y glaswellt



Crëwch enfvs gyda'ch gwrthrychau

Defnyddiwch eich dwylo

Teimlwch gymaint o bethau â phosibl meddal, garw, esmwyth, crychiog

Aroglwch

y blodau

Ways to explore

Create a rainbow with found objects

Use your hands

Feel as many different textures as you can soft, rough, smooth, crinkly, squishy

What can vou hear?

Can you collect fallen feathers from birds who are singing?

Smell

the flowers.

Get down

into the grass and see if there are any hidden bugs or flowers ...

A chofiwch ...

- Mae'r awgrymiadau arbennig hyn ar ddarganfod y gwyllt wedi'u creu gyda'ch diogelwch chi ar flaen ein meddwl
- Cofiwch olchi eich dwylo'n dda a dilyn canllawiau ymbellhau cymdeithasol.
- Gall bywyd gwyllt fod yn swil, felly dylech edrych ar anifeiliaid, adar a phryfed heb eu cyffwrdd. Gofynnwch wrth oedolyn os nad ydych chi'n siŵr.
- Ewch â'ch sbwriel adref gyda chi, os gwelwch yn dda.

And remember ...

- These fun top tips for exploring the wild have been created with your safety in mind.
- Remember to wash your hands properly and follow social distancing guidelines.
- Wildlife can be shy, so it's best to look at animals, birds and bugs without touching. Always ask an adult if you're unsure.
- Please take your litter home.







Faint o'r adar yma alli di eu gweld o gwmpas lle rwyt ti'n byw?

Bob tro y gweli di aderyn, gwna nodyn o ble y gwnest ti ei weld.



Aderyn y to

Edrycha mewn gwrychoedd, parciau a gerddi am adar bach brown brith sy'n trydar. Mae gan v gwryw gap llwyd a gên ddu; mae'r fenyw yn fwy plaen.

Ble?



Colomen wyllt

Colomen fawr, gyffredin sy'n llwyd gyda streipen wen ar yr adain a phatsys gwyn ar y gwddf. Mae'r adenydd yn clecian yn swnllyd. Mewn heidiau yn aml.





Aderyn mwy na gwennol, ond llai nag aderyn du (brith yn y gaeaf), sydd â chynffon fer, pig main ac yn siglo wrth gerdded. Mewn heidiau yn

Rie?



Robin goch

Aderyn bach sionc sydd i'w weld mewn gerddi a choedwigoedd. Mae'r wyneb a'r frest orengoch yn unigryw, ond ddim mor llachar ag y byddech chi'n ei ddisgwyl.



Turtur dorchog

Turtur fach denau a gwelw. Chwiliwch am v streipen denau ddu o amgylch cefn y gwddf. I'w gweld yn aml mewn gerddi.

Ble?



Titw Tomos las

Aderyn gwyrdd a melyn bach iawn gyda chynffon ac adenydd glas. Chwiliwch am gap glas gydag ymylon gwyn. Cyffredin mewn gerddi a choedwigoedd.

Ble?



Titw mawr

Llai na gwennol ond yn llachar, trawiadol a swnllyd. Mae ganddo gap du, patsys gwyn mawr ar ei fochau a streipen ddu i lawr ei ffrynt.

Ble?



Pioden

Aderyn du a gwyn mawr heb ei debyg, gyda chynffon hir. Mae'n clegar yn swnllyd. I'w weld yn aml mewn gerddi, ar dir fferm ac mewn coedwigoedd.

Ble?



Aderyn du

Cyffredin mewn gerddi a choedwigoedd, maint rhwng gwennol a cholomen. Gwrywod yn ddu gyda phig melyn, benywod yn frown.



Aderyn llachar yr un maint â gwennol, fel arfer mewn heidiau yn canu fel cloch.

Where?



Ji-binc

Aderyn yr un maint â gwennol i'w weld mewn gerddi, caeau a choedwigoedd. Chwiliwch am ddwy streipen wen ar draws vr adain ac vmvlon gwyn ar y gynffon.



How many of these birds can you see around where you live?

As you spot each bird, write down where you saw it.



House sparrow

Look in hedges, parks and gardens for small, chirpy, streaky brown birds. Male has grey cap and black chin; female is plainer.

Where?



Starling

Bigger than a sparrow, but smaller than a blackbird (speckled in winter), short tail, pointed beak and waddling walk. Often in flocks.

Where?



Blue tit

Tiny green and yellow bird with blue wings and tail. Look for blue cap edged with white. Common in gardens and woods.

Where?



Blackbird

Common in gardens and woods, between sparrow and pigeon in size. Male black with yellow beak, female brown

Where?



Woodpigeon

Common, big, grey pigeon with a white band on the wing and white neck patches. Wings make a noisy clatter. Often in flocks.

Where?



Robin

A small, perky garden and woodland bird. The orange-red face and chest are unique but not quite as bright as you might expect.

Where?



Great tit

Smaller than a sparrow but bright, bold and noisy. Has a black cap, big white cheek patches and black stripe down front.

Where?



Goldfinch

Brightly-coloured sparrowsized, usually seen in flocks, giving ringing calls.

Where?





Collared dove

A small, slim, pale dove. Look for the thin black band around the back of the neck. Often in gardens.



Magpie

Big, long-tailed black and white bird like nothing else. Makes loud chattering noise. Often in gardens, farmland and woods.



Chaffinch

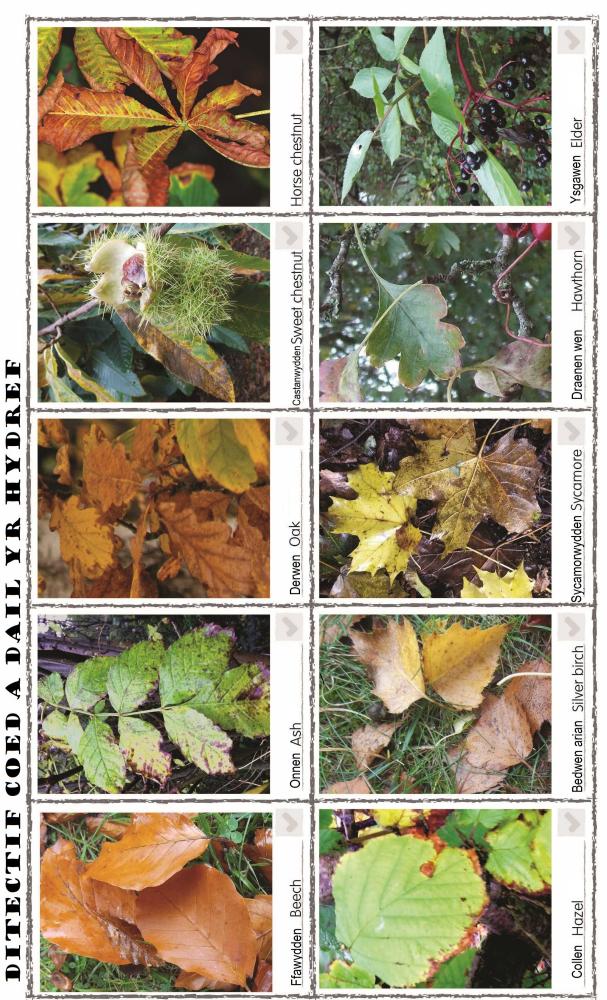
A sparrow-sized bird of gardens, fields and woods. Look for two white bars across the wing and white sides to the tail.

Where?



Autumn tree and leaf detective





www.wildlifewatch.org.uk

Credits: Horse Chestnut (c) Gillian Day / Oak (c) Paul Hobson / Beech, Ash, Sweet Chestnut, Silver Birch, Sycamore, Hawthorn, Elder, Hazel (c) Sadie

Sit outside or near a window and listen carefully to the sounds you can hear



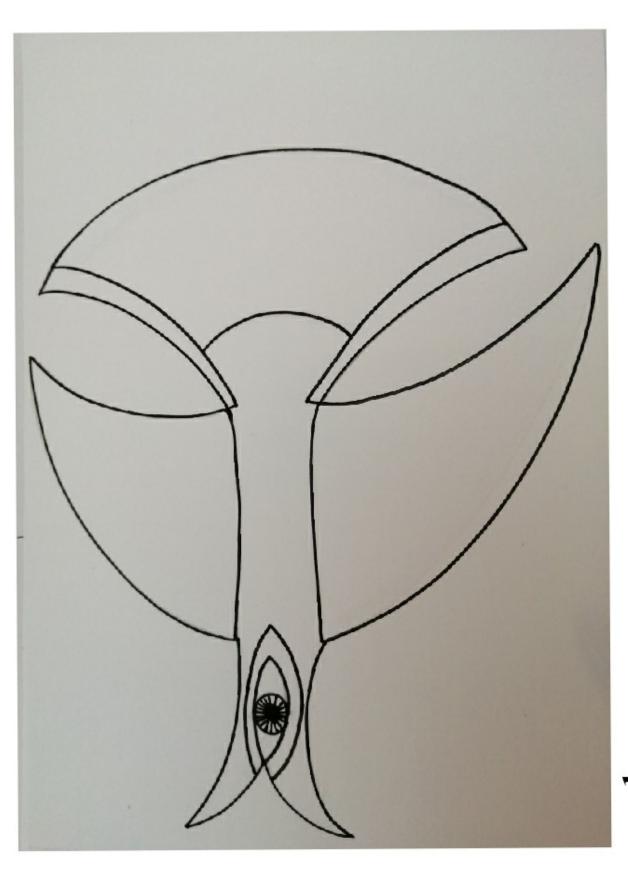
Can you hear any birds?
The birds on this paper have been drawn by artist **David Jones RCA**.
He has used lots of different patterns to create feathers

Think of different patterns and use them to fill the outline on the next page to create

your bird

The Royal Cambrian
Academy is a gallery in
Conwy (entrance is free).
Lots of artists show their
work here, sometimes
you can see David's work.





We would 10Ve to see your finished bird. Send a photo to education@rcaconwy.org



American Turk's cap Lily, Lilium superbum, Georg Dionysius Ehret (1708-70), About 1750-3, Watercolor and gouache on vellum V&A Museum no. D.589-1886[1] Botanical Art is a combination of Art and Botany (the study of plants). It is usually a detailed painting of the form (also called shape), colour, and details of plant life. The practice can be traced back to sometime between 50 and 70 AD, when an illustrated book titled *De Materia Medica* was created by Greek botanist, Pedanius Dioscorides, to help readers identify plants that could be used as medicine. Before the invention of photography botanical art was the only way of visually recording the world's many species of plant life.

The Victorians were in love with the natural world and did their best to record as much of it as possible. They formed Field Clubs who spent their free time collecting and writing down information about the natural world. Almost every Victorian town had a field club including Llandudno!

Nature-prints of ferns and other species were created in Victorian England and 19th-century Vienna by pressing actual plants into lead, transferring the image by electrotype to a copper plate and printing and hand-colouring each one. The process allowed the reproduction of the finest details down to the veins of fern fronds and leaves.

Some of the most famous Botanical Artists include Maria Sibylla Merian (1647-1717), Anne Pratt (1806-1893), and Marianne North (1830-1890). The Royal Horticultural Society (RHS) and the Scottish Society of Botanical Artists (SSBA) keep the tradition of Botanical Art alive even today.

Autumn Leaf Painting Exercise:

Age Group: Any (children under 10 should be supervised.)

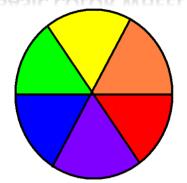
Materials: Paint (can be acrylic, watercolour, or a homemade paint-recipe below), paintbrushes, a range of recently fallen leaves gathered from any place (make sure your leaves are still flexible rather than crunchy), light or white coloured paper, newspaper or a wipeclean tablecloth, paint palette or bowls for paint, water cup for cleaning



brushes, paper towel for cleaning brushes and changing colours. Hot glue gun and glue sticks. NOTE: Hot glue is really hot so if you are not confident, ask a parent or guardian for help.

Homemade paint recipe: 3 tablespoons of plain flour + 1 teaspoon of salt + 3 tablespoons of water. Mix until the consistency moves easily but is not watery. Add drops of food colouring until you have the desired intensity. This paint is safe for young children and inexpensive.

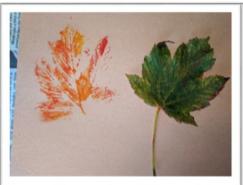
BASIC COLOR WHEEL



Mixing your own colours: All colours on the colour wheel below can be created by using 3 basic colours: Blue, Yellow, and Red. Yellow + Blue = Green, Blue + Red= Purple, Yellow + Red= Orange. NOTE: any combination of colours that are directly across from one another on the colour wheel (for instance Red + Green or Orange + Blue) will make brown.

Leaf Impression

Preparing Your painting space:







Cover your table with old newspaper or a wipe-clean tablecloth.

Put a small portion of each colour of paint that you want to use in a colour palette or small bowl. (You can also use a large plate.)

Fill another small bowl with water for rinsing out your brushes between colours.

With your paper in front of you, choose a leaf and one or two colours of paint.

Apply paint with paintbrush to the veined or rough side of your leaf all the way to the edges.

Place leaf paint-side down on your paper. Hold the leaf down with one hand and smooth it gently with your fingers from the centre of the leaf to the edges with your other hand. Make sure that every part of the leaf is pressed to the paper so that the paint is transferred all the way around your leaf.

Peel the leaf gently from paper and set aside. This will be your first leaf impression.

Change leaves and repeat process until you have the picture you desire. Have fun and don't worry if your first prints aren't perfect. This is art!

Set your paper aside to dry.

Leaf Outlines





Cover your table with old newspaper or a wipe-clean tablecloth.

Put a small portion of each colour of paint that you want to use in a colour palette or small bowl. (You can also use a large plate.)

Fill another small bowl with water for rinsing out your brushes between colours.

With your paper in front of you, choose a leaf and one or two colours of paint.

Place your leaf where you desire it on the paper.

Next, get some paint on your paintbrush and paint around the edges of your leaf. Don't worry about getting paint on the leaf itself. Change colours as often as you want to. You can also blend the colours with your brush. Continue brushing paint around the outside of your leaf until it is surrounded by colour.

Gently lift the leaf to see the outline left behind.

Change leaves and colours until you have the picture you want. You can also add a message to your art if you want.



Leaf Painting



Cover your table with old newspaper or a wipe-clean tablecloth.

Put a small portion of each colour of paint that you want to use in a colour palette or small bowl. (You can also use a large plate.)

Fill another small bowl with water for rinsing out your brushes between colours.

Choose a large leaf. Paint designs, messages, or anything that you could paint on paper onto the leaf itself. Your leaf is your natural paper or canvas.

Paint 3 or more leaves with different designs. This one is a Halloween design.

After the paint is dry, you can arrange and hot glue your leaves to a piece of paper. If you have done leaf impressions and leaf outlines, consider using your other paint coloured leaves as part of your design.

If you want, write a message on the top of the paper and give it to someone you love.

<u>Clean up!</u> (for children 7 and older) Put your newspaper in the recycling, your leftover

leaves and unneeded painted leaves in your compost, your paper towel in the trash, clean your brushes with soap until the water runs clean, wash all of the paint off your bowls and paint mixing plate. Dry and put away your materials. Cleaning up for your next project is an important part of art! Make sure you do it as soon as you are done because



your brushes and bowls are much easier to clean when the paint is still wet.











Gwnewch eich Gwialen Lafant eich hun



Yn draddodiadol, defnyddir lafant ar gyfer ei arogl, ac fe'i gosodir efo lliain a dillad fel persawr, yn ogystal â chael ei ddefnyddio fel ymlid gwyfyn. Felly, mae'r persawr grymus hwn wedi'i ddefnyddio ers amser maith i wrthyrru pryfed a mosgitos, tra hefyd yn cynnig arogl hirhoedlog hardd i adnewyddu unrhyw ystafell.

I wneud eich Gwialen Lafant eich hun byddech angen:

- Rhuban o leiaf 100cm o hyd
- Siswrn
- Lafant wedi'i dorri'n ffres o leiaf 20cm o hyd, o ben y blodau i'r gwaelod.





1. Tynnwch yr holl ddail a gosod y coesau lafant allan mewn 2 res.



2. Clymwch y rhuban yn dynn o amgylch gwaelod y blodau.



3. Plygwch dros y coesau un ar y tro, gan eu gosod allan yn gyfartal. Yna rhedeg pen byrraf y rhuban ar hyd y coesau.



4. Dechreuwch wehyddu pen hiraf y rhuban o dan a thros bob coesyn.



5. Parhewch i wehyddu'r rhuban nes i chi gyrraedd gwaelod y blodau, gan dynnu'r rhuban yn dynn wrth i chi fynd.



6. Gan ddefnyddio dau ben y rhuban, clymwch gwlwm.



7.Torrwch y coesau i'r maint a ddymunir ac yna clymwch gwlwm i orffen.



8.Rydych chi wedi gorffen!



Make your own Lavender Wand



Lavender is traditionally used for its scent, and is placed alongside linen and clothing as a perfume, as well being used practically as a moth repellent. Therefore, this potent fragrance has long been used to repel flies and mosquitoes, whilst also offering a beautiful long-lasting scent to freshen up any room.

What you will need to make your own Lavender Wand:

- · Ribbon at least 100cm in length
- Scissors
- Freshly cut Lavender at least 20cm in length, from flower tip to bottom.





 Remove all the leaves and lay the lavender stems out in 2 rows.



2. Tie the ribbon tightly around the base of the flowers.



3. Fold over the stems one at a time, spacing them out evenly. Then run the shortest end of the ribbon along the stems.



4. Start weaving the longest end of the ribbon under and over each stem.



5. Continue weaving the ribbon until you reach the base of the flower, pulling the ribbon tight as you go.



6. Using both ends of the ribbon tie a knot.



7. Trim the stems to the desired length then tie a bow to finish.

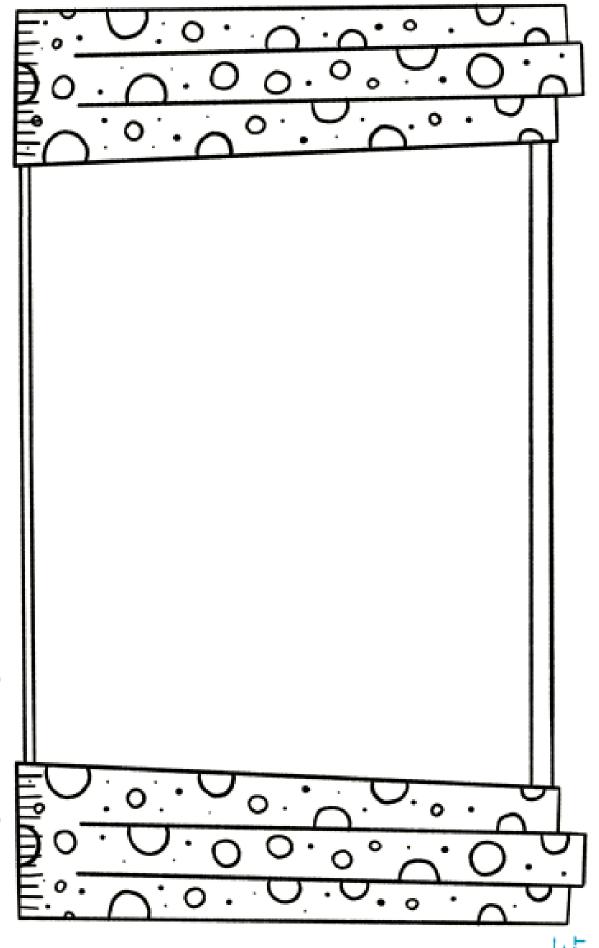


7. You are Finished!



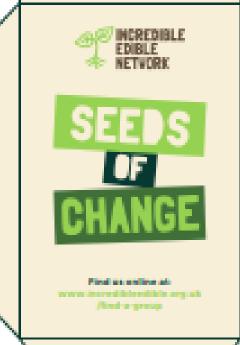
What's outside your window

What wildlife can you see outside your window? Birds, cats, dogs, plants? Draw what you can see today









PLANT		
DATE		
HON TO GROW		



- Out out send templates along line guid es.
- Clue or tape the back cover onto the left and bottom flaps. Fold the left and bidtom flaps inwands.
 - meet seed of your droi on
- 网络斯里斯斯斯
- ndude the name of your seeds the date and any instructions. Fold the top flap over and fix with glue or a stople.

Che as a present to make someone's day

VETO LOVE TO SEE A PROTURE OF YOUR INCREDIBLE SEED PACKETS!

You can find us on Twitter - @incEdNetwork, Facebook - incredibleEdibleUK Or email us at info@incredibleedible.org.uk fixedsofchange | www.incredibleedible.org.uk



Gweithgaredd Braslunio

Ar gyfer y gweithgaredd hwn, byddech angen: Pensil (2B neu uwch) a phapur plaen (os hoffech wneud y gweithgaredd eto)



Harry (Resting Leaf), 2020 Resin, Inc, Lacer H60 x L30 x D30 cm Unigryw Mae'r cerflun hwn gan artist o'r enw Nick Hornby.

Edrychwch yn ofalus ar y cerflun.

Ydy'r siapiau yn edrych yn bigog neu'n esmwyth?

Pa eiriau arall fyddech chi'n defnyddio i ddisgrifio'r siapiau gallwch chi weld?

 3, -110, 1113, 111	
CON MY	
N(Y)n2	- 1

E.e: sigledig, chwyrlïog, meddal

Gellir gweld y siapiau gwelwn yng ngwaith Hornby ym myd natur hefyd. Dewch o hyd i wrthrych naturiol, e.e. cragen, deilen, blodyn, darn o ffrwyth.

Daliwch eich pensil. Edrychwch ar eich gwrthrych naturiol.

Ar y tudalen nesaf, tynnwch lun o'ch gwrthrych naturiol heb dynnu'ch pensil oddi ar y papur. Enw hwn yw llun llinell ddi-dor. Peidiwch â stopio nes eich bod wedi gorffen! Mae'n anoddach nag y mae'n swnio. Os cymerwch eich pensil oddi ar y papur ar ddamwain, peidiwch â phoeni, dechreuwch eto!

Edrychwch ar eich <u>llun di-dor</u>. Pa eiriau fyddech chi'n defnyddio i ddisgrifio'r siapiau rydych yn gweld?

A yw unrhyw un o'r geiriau'r un peth a'r geiriau y gwnaethoch chi feddwl amdanynt wrth edrych ar waith Hornby?

Allwch chi feddwl am deitl i'ch llun?

Rhowch gynnig arall ar y gweithgaredd, ar ddarn mawr o bapur, neu gyda gwrthrych arall.









Drawing Activity

For this activity, you will need:
A pencil (2B or above) and plain paper (if you want to do the activity again)



This sculpture is by an artist called Nick Hornby.

Look closely at the sculpture.

Do the shapes look spiky or smooth? What other words would you use to describe the shapes you can see? E.g. Wobbly, swirly, soft

Harry (Resting Leaf), 2020 Resin, Ink, Lacquer H60 x L30 x D30 cm Unique

The shapes we see in Hornby's work can also be seen in nature. Find a natural object, e.g. a shell, a leaf, a flower, a piece of fruit.

Take your pencil. Look at your object.

In the space overleaf, draw your object without taking your pencil off the paper. This is called a continuous line drawing. Don't stop until you have finished! It's trickier than it sounds. If you accidentally take your pencil off the paper, don't worry, just start again!

Look at your continuous line drawing. What words would you use to describe the shapes that you see?

Are any of the words the same as the words you thought of when you looked at Hornby's work?

Can you think of a title for your drawing?

Try the same activity again, on a larger piece of paper, or with a different object.













Astudio'r ardd

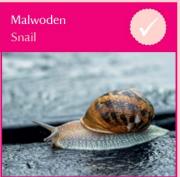
Y fuwch goch gota â'i siaced ysblennydd, bysedd y cŵn â gwenyn yn sbecian allan wrth iddyn nhw weithio'n galed i gasglu paill, a llygaid y dydd yn gwenu'n hapus yn yr haul. Mae gerddi'n fwrlwm o fywyd sy'n aros i chi ei ddarganfod. Defnyddiwch y daflen hon i ddod o hyd i'r pethau sydd o'ch cwmpas chi – beth sy'n cuddio yn y glaswellt?



Garden spotter sheet

Ladybirds with beautiful jackets on, foxgloves with bees peeping out as they work hard to collect pollen, and lots of daisies smiling happily in the sun. Gardens are buzzing with life that's waiting to be explored. Make use of this handy spotter's sheet and see what nature there is around you – you never know what's waiting to be found in the grass.





















Beautiful baskets

Make a useful basket out of a plastic milk bottle to store labels, pens or seeds, or to carry pots or produce.

Estimated time: 30 minutes

Location: Outdoors & Indoors

School term: All year round

Level of experience: No experience needed

Subject(s): Art&DT

Learning objectives



Learn how to design and make a useful basket from a plastic milk bottle.

Step by step

- Use a pen to draw a line just below the handle, all the way around the bottle.
- Use the sharp pencil to puncture a hole into the bottle on the cutting line. This hole is the starting point for scissors to cut carefully along the line to make the basket.
- Make the handle by cutting a 2cm wide strip of plastic from the remaining top section. A looping handle is achieved by cutting ¾ of the way around the milk bottle, see photograph.
- Use a sharp pencil to make the holes in the plastic basket and handle for the fasteners to go through (adult supervision/ help needed for this).
- Attach the handle to the basket using the brass fasteners. Place these on opposite sides of the basket.
- Decorate the basket using permanent pens, stickers or use PVA to stick on pictures cut from old gardening magazines.

Hints & tips

- 4 pint milk bottles will hold paper pots with young plants, or make holes in the basket and use plug plants - a good enterprise project!
- Make plant labels with the left over plastic. These can be cut into 10–15cm strips, 2cm wide with a pointed end.
- Use this activity as part of grow Your Own Lunch, Supermarket Sweep and Flower Power class growing topics



Preparation

Wash out milk bottles thoroughly and dry well.

Equipment

- Plastic milk bottles 1 pint or 4 pints
- Permanent pens
- · Sharp pencils
- Scissors
- Brass fasteners
- Old gardening magazines, seed catalogues or Stickers
- PVA glue

Make a nature mandala





You will need

- collect natural materials Bags or baskets to
- Natural materials:



Gross





Feathers

Leaves



Pine cones

Pebbles





plenty for pollinators! own garden and leave Only pick from your

help with your shape leg. five yellow eaves, four twigs of equal length) few of the same thing as this will natural materials. Try to find a Head outdoors and collect your







Find a flat surface - maybe a table or even your lawn or yard outside. Place one of your finds down first



to act as the middle of the mandala

Consider the symmetry of your pattern, making one side mirror the other. Use the rest of your finds to make a pattern coming out from the centre. You can be as creative as you like.







(4) Remember to take a photo of your finished mandala





