

NEW CHAPTER

This is a group for parents/carers and a separate group for young people -
To help start a new chapter
in families affected by abusive behaviour
from a young person in the family.



Parent/Carer group (with Sue and Phill):

Starting Wednesday 20 September 2023 for 10 weeks
10 - 12

Young people's group (with Nelly and Mel):

Starting Thursday 5 October 2023 for 5 weeks
4:30 - 5:30 pm (pizza provided)

Both at Canolfan Dinorben, Abergele, LL22 7HT

Contact: newchapter@conwy.gov.uk

PENNOD NEWYDD

Dyma grwp ar gyfer rhieni / gofalwyr, a grwp ar wahan ar gyfer bobl ifanc

- cymorth i ddechrau pennod newydd ym mywyd teuluol teuluoedd sy'n profi camdriniaeth gan person ifanc.



Grŵp rhieni / gofalwyr (efo Sue a Phill):

Yn dechrau Dydd Mercher 20 Medi 2023 am 10 wythnos
10 – 12

Grŵp bobl ifanc (efo Nelly a Mel):

Yn dechrau Dydd Iau 5 Hydref 2023 am 5 wythnos
4:30 – 5:30 pm (darperir pizza)

Y ddau grwp yng Nghanolfan Dinorben, Abergele, LL22 7HT

Cyswllt: newchapter@conwy.gov.uk