

# Do you support someone in Conwy County?

## Who can help you?

Here are some agencies that can provide you with advice, information and support:-



In 2016 the support that carers are entitled to from their local authorities changed, meaning more carers have a right to a carer's assessment and support plan.

### How do I get an assessment?

Contact the Conwy Access Team on 0300 456 1111 or [www.conwy.gov.uk](http://www.conwy.gov.uk)

# A ydych chi'n cefnogi rhywun yn Sir Conwy?

## Pwy sy'n gallu eich helpu?

Dyma rai asiantaethau a allai roi cyngor, gwybodaeth neu gefnogaeth i chi:-



Yn 2016 newidiodd y gefnogaeth mae gan ofalwyr hawl iddo gan eu hawdurdodau lleol, gan olygu fod gan fwy o ofalwyr hawl i asesiad gofalwr a chynllun cefnogaeth.

**Sut wyf yn cael asesiad?**

Cysylltwch â Thîm Mynediad Conwy 0300 456 1111 [www.conwy.gov.uk](http://www.conwy.gov.uk)