

We want children to eat well in school

The meal cost is £2.85 for infants and for juniors from 25/04/2022

Top up your Parent Pay account every Monday for the meals to be taken in the week.

Are you entitled to free school meals?

YOU COULD SAVE £500 PER YEAR FOR EACH CHILD

For every pupil that is in receipt of a Free School Meal Conwy County Borough Council receive funding from the Welsh Government which enables the School to provide additional support to those children. So if you have an entitlement please apply.

If you are receipt of Universal Credit or another benefit and you wish to apply please print and complete the Free School Meal Application at

www.conwy.gov.uk/freeschoolmeals and send to –
Revenue and Benefits Assessment Services, PO Box 1, Conwy, LL30 9GN

Do you need help to find out about benefits you may be entitled to?

Contact Welfare Rights 01492 576605.

Mon-Thur 9am to 5pm and Fri 9am to 4.45pm

There is help here if you start work, if there is a change in our personal circumstances and to make sure you are not missing out on concessions and discounts such as Water Assist; Warm Home Discount: Healthy Start Vouchers.

Allergen Information

Information is available at your Child's school kitchen for every item on the menu that contains any of the 14 allergens as ingredients.

These are the 14 allergens:-

- 1. Cereals containing Gluten
- 2. Crustaceans
- 3. Eggs,
- 4. Fish
- 5. Peanuts
- 6. Soya
- 7. Milk
- 3. Nuts
- 9. Celery
- 10. Mustard
- 11. Sesame Seeds
- 12. Sulphur Dioxide
- 13. Lupin
- 14. Molluscs



Message for you.

Share your "School lunch Story" by email to catering@conwy.gov.uk or on the Conwy Council website www.conwy.gov.uk search for "Food in School".

This graph shows the food and nutrients provided in the three week Primary school menu and the line that is the Welsh Government standard for the food and nutrients.

