

Date: 04/06/2021

Dear Parent/Carer

Llandudno, Deganwy, Llandudno Junction, Conwy Town, Penrhyn Bay, Rhos on Sea, Colwyn Bay and Old Colwyn residents urged to be vigilant following variant of concern cluster

People living in Llandudno Junction, Llandudno and Penrhyn Bay are being urged to get a free Coronavirus test to help stop the spread of the Delta variant of Coronavirus (VOC-21APR-02), even if they have no symptoms.

People in Rhos on Sea, Colwyn Bay, Old Colwyn, Conwy Town and Deganwy are now also being urged to come forward for a free test.

Conwy Council, Public Health Wales, and NHS Wales Test, Trace and Protect are working closely together to ensure that all the appropriate measures are in place to protect the communities in these areas and to ensure that all the appropriate measures are in place to protect learners and staff.

Residents **without symptoms** are urged to collect a free lateral flow test from a mobile testing unit at Bodlondeb, Conwy LL32 8DU until Monday 14 June.

People **who have Coronavirus symptoms**, however mild, are also urged to get a free PCR test at a mobile testing unit at Conwy Business Centre, Junction Way, Llandudno Junction, LL31 9XX. The site will be open until Monday 14 June.

Opening times for the units is 8am to 1pm, and 2pm to 8pm every day. The sites are walk-in and drive-through, and no appointment is required.

Alternatively, members of the public can access the existing drive-through testing facility on Builder Street in Llandudno, which is open 8am to 1pm seven days a week. To access this site, people will need to make an appointment by visiting the [Welsh Government website](#) or by phoning 119.

The site is also open for lateral flow self-testing kits collection from 2pm to 8pm each day (drive-through).

As well as the three most common symptoms of Coronavirus - a fever, a new continuous cough, or a loss/change of taste and smell - people are now able to get a test if they have any of a new list of other symptoms too.

These are:

Flu-like symptoms, which are not caused by a known condition such as hay fever, including any or all of: myalgia (muscle ache or pain); excessive tiredness; persistent headache; runny nose or blocked nose; persistent sneezing; sore throat and/or hoarseness, shortness of breath or wheezing; any new or change in symptoms following a previous negative test.

If you are suffering from one of the main COVID symptoms – cough, fever, loss of taste or smell, you and members of your household should self-isolate for 10 days from onset of symptoms. (if a negative result is received and you are fever free for 48 hours you can come out of isolation). If you are suffering other symptoms, self isolation is not required whilst awaiting the results of the test. The isolation period may be extended on a case by case basis, you will be advised by TTP accordingly.

Please follow the advice provided when you receive your test result

Do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP; if there is a medical emergency phone 999

Residents can protect themselves and others from Coronavirus by remaining at least two metres away from everyone else, washing their hands regularly, and by wearing a face covering where required. They should take up the vaccine when offered, and self-isolate and get a test if they or anyone in their household develop symptoms.

Further information on self-isolation can be found here <https://gov.wales/symptoms-and-self-isolation-contact-tracing>

Further formation on Test, Trace, Protect can be found here <https://gov.wales/test-trace-protect-coronavirus>

For general information on COVID-19 <https://gov.wales/protect-yourself-others-coronavirus>

The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do <https://gov.wales/check-if-you-need-coronavirus-medical-help>

Yours sincerely

Headteacher

Ysgol XXXX School