

orienteering course BODLONDEB



Orienteering is a leisure activity, in which your goal is to find your way around a set of points or 'controls' in the correct order, using a specially designed map.

Provided for you are several suggested courses, easy, medium and difficult - we hope that whether going round with the family or racing competitively, you enjoy what Bodlondeb Woods has to offer.

For more information about:

Bodlondeb Woods and its management, contact Conwy County Borough Council's Environment, Roads and Facilities service -01492 575 337 or visit conwy.gov.uk/countryside

Orienteering and other permanent courses, contact the British Orienteering Federation at britishorienteering.org.uk or the Eryri Orienteering Club at eryri.org.uk

Instructions:

There are numbered red circles on your map, which show the positions of the posts with a red and white orienteering marker, also called a 'control'.

- Each course is a selection of the control points on your map.
- Follow your selected course in the correct order.
- The start point is shown on the map by a red triangle.

To prove that you have visited each control point correctly, write the letter found at each post in the correct box provided on the course sheet.

You can check your answers by visiting **conwy.gov.uk/bodlondebwoods** or by asking for an answer sheet at the reception desk inside the Council Building at the Conwy Culture Centre.



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