



COED Gwarchodfa Natur Leol PWLLYCROCHAN WOODS Local Nature Reserve



Health and Safety Information

You should have no problems bringing a group to Pwllcrochan woods, but there are a few things to consider to ensure that your visit runs smoothly. The trail can take any amount of time depending on the speed of the group, your own time frame and how many activities you want to take part in on the route; however a minimum of 1 hour is advised.

We recommend a pre-visit to familiarise yourself with the site and promoted Discovery Trail, as well as a read of the information pack so you can decide on suitable activities for your group.

You should bring sufficient teachers/adults to manage the group so that the children can complete the activities in a safe way. This will depend on group size, children's age and other needs your group may have.



Weather

It is strongly suggested that teachers be aware of the weather conditions in advance of your visit. This enables you to ensure that the children are wearing suitable clothing and footwear. In the case of cold or windy conditions make sure the children have plenty of layers and coats. Likewise if the weather is hot the group should be equipped with sun hats and enough drinks. While in the woods the children can always seek shade under the trees. You should keep an eye on how the group are coping with the conditions in any situation, and be prepared to be flexible if conditions change. Should the weather be deemed too bad to take the children around safely, alternative indoor activities could be provided at Pen y Bryn community centre or school, or the event could be postponed or cancelled.

Terrain

The ground surface of the route is woodland pathways. It may be muddy and slippery and the route is steep in some places. Prior to the visit the group should be warned to wear sensible footwear, and to expect some areas to be uneven and rocky underfoot. The children should be asked to walk, not run and supervised accordingly.

Other hazards

Pwlycrochan is a Local Nature Reserve which means there are plants and wild animals. It is a good idea to carry a first aid kit in case of nettle stings or insect bites, and be aware of any allergies of members of the group. As the site is open to the public, it is likely that dogs will be present. Dogs should be under control at all times; however, where they are encountered the group should be encouraged not to approach them. Although the site is regularly litter picked there is still a high chance that you will encounter litter somewhere on the route. Children should be asked not to touch any discarded or unusual item. It is necessary to cross a road in order to access the site, more vigilant supervision should be undertaken here.



Nearest Hospitals

Llandudno General (15 minutes) has a minor injuries unit:

Hospital Road, Llandudno, Conwy, LL30 1LB Tel: 01492 860066.

West on the A55, turn off for Llandudno, turn left at Links Hotel, Left up Hospital Road.

Ysbyty Glan Clywd (15 minutes) A&E department

Glan Clywd Hospital, Rhyl, Denbighshire, LL18 5UJ Tel: 01745 583910.

East on the A55 to Bodelwyddan and follow signs.

Should you need to call an ambulance, you may wish to meet them at the woodland entrance and guide them in on foot.

The grid reference for the woodland entrance - start of the Discovery Trail **SH 284271:378655**

The grid reference for the woodland entrance - top of King's Drive **SH 284323:378420**

