

Leisure Development News



Issue No.1 October 2019



What is Shuttletime?

An innovative Schools Badminton Programme. Designed to deliver "safe" and "fun" badminton lessons to children aged 5-15 years old.

Shuttle Time is currently being implemented in 132 countries in partnership with BWF's Continental Confederations and Member Associations.

We currently have sessions running at James Alexander Barr Tennis Centre Thursday's 4-5pm.

For more information contact 01492 575564



October Half Term Sports Camp

Bookings are currently being taken for the Sports Camps taking place in October Half Term at Eirias.

12 sports in 2 days

Qualified Coaches & NGB Staff

9.30-4pm

£30 early bird offer, £35 thereafter.

Book at www.conwy.gov.uk/leisureevents

Conwy Leisure Development Team present
Eirias Half Term Sports Camp

12 sports in 2 Days!

Tues 29th & Wed 30th Oct 2019
9.30am-4pm
School Years 2-7 (6-12yrs)
£35 per person, Early Bird Offer
£30 (pay by 20/10/19)

Sessions run by National Governing Body Officers and qualified coaches, for more information please contact: 01492 575564
Book online - www.conwy.gov.uk/leisureevents
Colwyn Leisure Centre, Eirias Park, Colwyn Bay, Conwy, LL29 7SP
Insufficient numbers will lead to the cancellation of this event, please book early to avoid disappointment
Closing date for bookings 27/10/19

CONWY
Conwy County, the right environment for people to be healthy and active.

Colwyn Bowling Festival

For the first time in its history the festival was hosted outside of Colwyn Bay. Llandudno Bowling Club accommodated the festival.

176 individuals entered the Festival

Different Competitions with Entry Numbers:

- Ladies Rose Bowl – 52
- Bill Hughes (Men only) – 80
- Ladies Pairs - 28 Pairs
- Men's Pairs – 32 Pairs
- Mixed Pairs – 59 Pairs
- Alun Jones Memorial – 107
- George Davies - 128
- Capstan Visitors Only – 110
- Geraint Jones & Co. Junior – 6



For more information and details on next year's festival contact Jane jane.thomas@conwy.gov.uk

Insport Series – Regional Event



For the second year, Eirias played host to the Disability Sport Wales insport series.

A day of sporting activity for disabled people and their family and friends.

Disability Sport Officers from across North Wales collaborated with clubs and national governing bodies to deliver a variety of sporting activity. 22 sports in total, catering for 200 people on the day.

For more information on Disability Sporting Opportunities in Conwy contact 01492 575564.



The Sport Conwy Sports Awards will take place at Venue Cymru on Friday 22nd November 2019.

Designed to celebrate the sporting achievements of athletes, teams, coaches, volunteers and Conwy's unsung heroes.

We are delighted that Jazz Carlin, the British swimming sensation and double Olympic Silver medallist at the Rio 2016 games, has agreed to be our guest of honour at this year's awards.

Bikeability in Primary Schools

Leisure development staff deliver the Bikeability scheme in Conwy.

It's all about gaining practical skills and understanding how to cycle on today's roads.

Level 1 develops bike handling skills and in an off road environment.

Level 2 develops the skills and confidence needed on the roads, preparing riders to undertake short journeys by bike like cycling to



school or the local shop. From April to Sept 29 schools have received Bikeability training, and 415 children taking part.

For more information contact Tim. tim.ballam@conwy.gov.uk

Colwyn Bay Surf Lifesaving Club



Club developed in partnership with RNLI, Surf Lifesaving Wales, the Outdoor Partnership and Conwy County Borough Council.

Funding has been derived from Gwynt Y Mor, Cartrefi Conwy, Bay of Colwyn Town Council and Sport Wales Community Chest for the purchase of relevant equipment and the upskilling of volunteers.

For more information contact Roger.

roger.pierce@conwy.gov.uk



Meet the Team: Caroline Jones - Leisure Development Officer
Tim Ballam - Rural Leisure Officer
Mark Richards - Disability Sport Officer
Roger Pierce - Outdoor Activity Officer
Jane Thomas - Leisure Admin Officer

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***"Based in Coed Pella, but often out and about delivering to the community."
01492 575564***