

# Leisure Development News



Issue No.2 February 2020

## February Half Term Sports Camp

Bookings are currently being taken for the Sports Camps taking place in February Half Term at Eirias.

12 sports in 2 days

Qualified Coaches & NGB Staff

9.30-4pm, £25.

Book at [www.conwy.gov.uk/leisureevents](http://www.conwy.gov.uk/leisureevents)

Conwy Leisure Development Team present

## Eirias Half Term Sports Camp



12 sports  
in 2 days!

Tues 18th & Wed 19th Feb 2020

9.30am-4pm

(6-12yrs)

£25 per person

Sessions run by National Governing Body Officers and qualified coaches, for more information please contact: 01492 575564

**Book online - [www.conwy.gov.uk/leisureevents](http://www.conwy.gov.uk/leisureevents)**

Colwyn Leisure Centre, Eirias Park, Colwyn Bay, Conwy, LL29 7SP Insufficient numbers will lead to the cancellation of this event, please book early to avoid disappointment Closing date for bookings 16/02/20



Conwy County, the right environment  
for people to be healthy and active.



SPORT·CHWARAEON  
**CONWY**

## Coach Education Courses

Emergency First Aid, 11/12<sup>th</sup> Feb, 6.15-9.15pm

Keeping Safe in Sport, 17<sup>th</sup> Feb, 6.15-8.15pm

Safeguarding & Protecting Children, 24<sup>th</sup> Feb,  
6.15-9.15pm

UK Disability Inclusion Course, 22<sup>nd</sup> Mar,  
9.30-4.00pm

For more information and to book go to:

<https://sportconwy.org.uk/whats-on/courses>



SPORT·CHWARAEON  
**CONWY**



The annual Sports Awards ceremony took place at Venue Cymru in November, winners as follows:

Junior Sportsman – Alexander Wilson

Junior Sportswoman – Sophie Rawling

Junior Sportsteam – Penrhyn Bay Girls FC U16's

Young Volunteer – Osian Roberts

School of the Year – Ysgol Llandrillo Yn Rhos

Special Achievement – Gemma Gale

Senior Sportsman – Matt Edwards

Senior Sportswoman – Lea –Anne Bramwell

Senior Sports team – Llandudno Rugby Club

Coach of the Year – Gareth Rawling

Services to Sport – Meryl Roberts/Neil Pringle

Event of the Year – Great Orme Swim



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## Conwy County Bowling Festival

Sun 26<sup>th</sup> July to Fri 31<sup>st</sup> July

Qualifying matches will take place at clubs around the county with the finals at Llandudno Bowling Club.

Entries are now being accepted in the following:

- The George Davies Tournament
- The Ladies Rose Bowl
- The Bill Hughes & Family Tournament
- The Alun Jones Memorial Trophy
- The Capstan Challenge Cup
- The Geraint Jones & Co. Junior Trophy
- The Mixed Pairs Tournament
- Magill Memorial Men's Pairs
- Warburton Trophy Ladies Pairs

To enter go to:

[www.colwynbowlingfestival.co.uk](http://www.colwynbowlingfestival.co.uk)

For more information on the festival contact Jane

[jane.thomas@conwy.gov.uk](mailto:jane.thomas@conwy.gov.uk)



## CONWY EXCELLENCE FUND £1000

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CONWY  
Excellence Fund

THE FUND PROVIDES FINANCIAL SUPPORT TO INDIVIDUALS LIVING IN CONWY WHO ARE TALENTED IN SPORT AND THE ARTS.

### ARTS

AWARDS ARE AVAILABLE TO ASPIRING DANCERS, ACTORS, MUSICIANS AND VISUAL / DIGITAL ARTISTS.

### SPORTS

AWARDS ARE AVAILABLE TO ATHLETES WHO ARE COMPETING AT A NATIONAL LEVEL.

For full criteria and to apply:

[www.conwy.gov.uk/en/Resident/Leisure-sport-and-health/Leisure-Development/Conwy-Excellence-Fund.aspx](http://www.conwy.gov.uk/en/Resident/Leisure-sport-and-health/Leisure-Development/Conwy-Excellence-Fund.aspx)

The fund does not support fees for further or higher education courses.



**A PROGRESSIVE COUNTY CREATING OPPORTUNITY**

For more information please contact **01492 575564**

At a recent Conwy Excellence Fund meeting 11 sporting applications were awarded a total of £7450.

For more information on the Excellence Fund contact 01492 575564 or go to:

<https://www.conwy.gov.uk/en/Resident/Leisure-sport-and-health/Leisure-Development/Conwy-Excellence-Fund.aspx>



**insport Club – helping clubs become more inclusive.**

The insport Club programme is part of the broader insport project, which aims to support the physical activity, sport, and leisure sectors delivering inclusively of disabled people. Disability Sport Wales know that the majority of adults get to experience great quality sport opportunity within a club environment, and that disabled people may not want to just play sport within a disability sport or impairment specific club or session. The purpose for insport Club is therefore to support clubs in developing their provision so that it includes disabled people with clubs structures which provide the best opportunities to the community, increase participation and membership, enable larger sections of the community to become involved within a voluntary governance role, and continue to provide great sport across Wales. DSW have developed a Toolkit which is intended to support the development of inclusive thinking, planning, development and delivery by the club so that ultimately, they could deliver across the spectrum to disabled and non-disabled people, potentially in a range of different formats. This toolkit is about good practice across the board, and in doing this will mean that opportunities for involvement in the sport(s) the clubs offer will increase.

For more information about insport Club please contact Mark Richards, Disability Sport Wales Development Officer, on 01492 575593 or [mark.richards@conwy.gov.uk](mailto:mark.richards@conwy.gov.uk)



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## Tennis in Primary Schools

Primary schools in Colwyn Bay are receiving taster sessions in tennis.

The programme aims to deliver fun tennis activity, developing physical literacy, increasing activity levels and improving health and well being.

Youngsters will be given the opportunity to be part of the new development programme at James Alexander Barr Tennis Centre 01492 577923.



Mini Red Sessions for U8's will start at James Alexander Barr Tennis Centre on Thursday 27<sup>th</sup> February – for more information or to book, contact Shaun Thompson – [shaun.thompson@conwy.gov.uk](mailto:shaun.thompson@conwy.gov.uk)

## Colwyn Bay Surf Lifesaving Club



Members of Colwyn Bay surf Life Saving Club recently enjoyed fantastic evening at the Search and Rescue Helicopter rescue base near Caernarfon - the operating headquarters for the red and white helicopters that we all see flying over the hills and sea of North Wales carrying out rescues on behalf of Her Majesty's Coast Guard.

Club members and volunteers were hosted by the Crew of the rescue helicopters, who provided the opportunity to learn about the Search and Rescue Team, their role and their equipment.

Following a tour of the base which included visiting the radio room and learning what happens when an actual emergency call is received, the group got to inspect the rescue helicopters at close quarters, examine all the equipment used by the Crew and to ask any questions.

It was a fantastic and educational evening and the club wishes to pass its sincere thanks to all the team at Bristows Search and Rescue Helicopter base for allowing us to visit them and making us so welcome.



The leisure development team administer the Sport Wales Community Chest Funding at a local level. From April 2019 to Jan 2020, **£61,922** has been invested in **56** projects in Conwy, in **30** different sports. **20** Communities have benefitted from the funding. **15** projects supported tackle inequality. For more information on Community Chest go to: <http://sport.wales/funding--support/our-grants/community-chest.aspx> or contact Tim Ballam [tim.ballam@conwy.gov.uk](mailto:tim.ballam@conwy.gov.uk)

### Conwy Yacht Club Deganwy Rowers



Set up approx. 18months ago, the club is going from strength to strength. The club now boasts 40 members. Starting with a boat on loan from the WSRA, the club have recently obtained grant funding (Gwynt Y Mor, Conwy Town Council & Cartrefi Conwy) to purchase their own boat. The arrival of the boat will allow the club to develop further. The estuary of the Conwy river lends itself to all year round rowing with some shelter from most weather and enabling the group to row consistently.

For more information, contact Roger Pierce, Outdoor Development Officer [roger.pierce@conwy.gov.uk](mailto:roger.pierce@conwy.gov.uk)



**Meet the Team:** Caroline Jones - Leisure Development Officer  
Tim Ballam - Rural Leisure Officer  
Mark Richards - Disability Sport Officer  
Roger Pierce - Outdoor Activity Officer  
Jane Thomas - Leisure Admin Officer

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***"Based in Coed Pella, but often out and about delivering to the community."***  
**01492 575564**