

Carer Aware: focus groups for carers and healthcare professionals

Background

Carers Trust Wales and Carers Wales are working in partnership to deliver a Welsh Government funded project called 'Carer Aware'. Together, we aim to transform the recognition, respect and support unpaid carers receive in health and social care settings. Through the project, we will work with carers and healthcare professionals to co-produce training sessions and resources for healthcare professionals and students to support them to be better able to identify, involve and support carers.

Within year one of this project (20/21) we aim to develop training resources for:

- Pre-qualified nursing, medicine and pharmacy students
- Post-qualification CPD for nursing, medicine and pharmacy staff

These resources will then be piloted through relevant universities and professional bodies.

In the second year of the project we will hold 7 training sessions within universities and in partnership with health professional bodies based on these training resources.

Beyond these sessions, we will develop complementary resources to support those undertaking training via CPD to translate their learning into local action, developing their practice and that of the teams they work in. This will ensure that more unpaid carers are involved in the development of service models and better identified and supported in health care environments.

Can you help us?

To make sure we're developing resources and training that are truly useful we want to understand what is already working well, what training and support is available and what additional training and resources would help both carers and professionals.

We want to ensure all training and resources meet carers and professionals' needs and provide enhanced local and profession-specific knowledge to make putting learning into practice easy.

We are holding 6 initial focus groups, with no more than 15 attendees per session to allow for in-depth discussion.

Details of focus group events

Each focus group will be held via Microsoft Teams and will last approximately 90 minutes.

All events are bookable via the Eventbrite links below. Spaces will be allocated on a first come first served basis. If any focus groups are oversubscribed, we may look to hold additional events in October.

Focus Group 1 – For nursing and allied health professionals

10am: Monday 7 September 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-1-for-nursing-and-allied-health-professionals-tickets-115070757734>

Focus Group 2 – For doctors (of all specialties)

3pm: Monday 7 September 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-2-for-doctors-of-all-specialties-tickets-115073606254>

Focus Group 3 – For unpaid carers

10am: Tuesday 8 September 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-3-for-unpaid-carers-tickets-115075939232>

Focus Group 4 - For pharmacists and pharmacy staff

10am: Wednesday 9 September 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-3-for-pharmacists-and-pharmacy-staff-tickets-115077335408>

Focus Group 5 - For nurses and unpaid carers

2pm: Monday 21st September 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-5-for-nurses-and-unpaid-carers-tickets-115079674404>

Focus Group 6 – for unpaid carers and all healthcare staff (including: doctors, pharmacists, allied health professionals and pharmacists)

10am: Wednesday 23rd September 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-6-for-unpaid-carers-and-healthcare-staff-tickets-115081014412>

Gofal Gofalwyr: grwpiau ffocws ar gyfer gofalwyr a gweithwyr iechyd

Cefndir

Mae Ymddiriedolaeth Gofalwyr Cymru yn gweithio mewn partneriaeth â Gofalwyr Cymru i gyflawni prosiect a ariannwyd gan Lywodraeth Cymru o'r enw 'Gofal Gofalwyr'. Rhyngom, gobeithiwn drawsnewid y gydnabyddiaeth, y parch a'r gefnogaeth i ofalwyr di-dâl ar draws lleoliadau iechyd a gofal cymdeithasol.

Trwy'r prosiect, byddwn yn gweithio gyda gofalwyr a gweithwyr iechyd i gyd-gynhyrchu sesiynau hyfforddiant ac adnoddau ar gyfer gweithwyr iechyd a myfyrwyr i'w cefnogi i fod yn fwy abl i adnabod, cynnwys a chefnogi gofalwyr.

O fewn blwyddyn i'r prosiect hwn (20/21) gobeithiwn ddatblygu adnoddau hyfforddi ar gyfer:

- Myfyrwyr nyrsio, meddygaeth a fferylliaeth cyn-cymhwys
- DPP ôl-gymhwys ar gyfer staff nyrsio, meddygaeth a fferylliaeth

Yna byddwn yn arbrofi'r adnoddau hyn trwy brifysgolion a chyrff proffesiynol perthnasol.

Yn ail flwyddyn y prosiect byddwn yn cynnal 7 sesiwn hyfforddiant gyda phrifysgolion ac mewn partneriaeth â chyrff iechyd proffesiynol yn seiliedig ar yr adnoddau hyfforddiant hyn.

Yn dilyn y sesiynau hyn, byddwn yn datblygu adnoddau ategol i gefnogi'r sawl sy'n dilyn hyfforddiant trwy DPP er mwyn iddynt allu rhoi eu dysgu ar waith yn lleol, gan ddatblygu eu harfer ac arfer y timau maen nhw'n gweithio ynddynt. Bydd hyn yn sicrhau y bydd mwy o ofalwyr di-dâl yn cyfrannu at ddatblygu modelau gwasanaeth ac y byddant yn cael eu hadnabod a'u cefnogi'n well mewn amgylcheddau gofal iechyd.

Allwch chi ein helpu?

Er mwyn gwneud yn siŵr ein bod yn datblygu adnoddau a hyfforddiant sy'n wirioneddol effeithiol rydym eisiau deall beth sy'n gweithio'n dda yn barod, pa hyfforddiant a chefnogaeth sydd ar gael a pha hyfforddiant ac adnoddau ychwanegol fyddai'n ddefnyddiol i ofalwyr a gweithwyr iechyd.

Rydym yn awyddus i sicrhau bod yr holl hyfforddiant ac adnoddau yn diwallu anghenion gofalwyr a gweithwyr iechyd a'u bod yn cynnig gwybodaeth leol a phroffesiwn-benodol ddyfnach sy'n ei gwneud yn hawdd rhoi'r hyn a ddysgwyd ar waith.

Rydym yn cynnal 6 grŵp ffocws cychwynnol, ac ni fydd mwy na 15 aelod ymhob sesiwn er mwyn gallu cael trafodaeth fanwl.

Manylion digwyddiadau grŵp ffocws

Cynhelir pob grŵp ffocws trwy Microsoft Teams a byddant yn parhau am tua 90 munud.

Gellir archebu lleoedd ar bob digwyddiad trwy'r dolenni Eventbrite isod. Caiff lleoedd eu neilltuo yn ôl y cyntaf i'r felin gaiff falu. Os oes gormod o geisiadau am leoedd ar unrhyw grŵp ffocws, efallai y cynhaliwn ddigwyddiadau ychwanegol ym mis Hydref.

Grŵp Ffocws 1 – Ar gyfer gweithwyr nyrsio a gweithwyr iechyd eraill

10am: Dydd Llun 7 Medi 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-1-for-nursing-and-allied-health-professionals-tickets-115070757734>

Grŵp Ffocws 2 – Ar gyfer meddygon (pob arbenigedd)

3pm: Dydd Llun 7 Medi 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-2-for-doctors-of-all-specialties-tickets-115073606254>

Grŵp Ffocws 3 – Ar gyfer gofalwyr di-dâl

10am: Dydd Mawrth 8 Medi 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-3-for-unpaid-carers-tickets-115075939232>

Grŵp Ffocws 4 - Ar gyfer fferyllwyr a staff fferyllfeydd

10am: Dydd Mercher 9 Medi 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-3-for-pharmacists-and-pharmacy-staff-tickets-115077335408>

Grŵp Ffocws 5 - Ar gyfer nyrsys a gofalwyr di-dâl

2pm: Dydd Llun 21 Medi 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-5-for-nurses-and-unpaid-carers-tickets-115079674404>

Grŵp Ffocws 6 – Ar gyfer gofalwyr di-dâl a'r holl staff gofal iechyd (yn cynnwys: meddygon, fferyllwyr a gweithwyr iechyd cysylltiol)

10am: Dydd Mercher 23 Medi 2020

<https://www.eventbrite.co.uk/e/carer-aware-focus-group-6-for-unpaid-carers-and-healthcare-staff-tickets-115081014412>

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