



## IN THE KITCHEN

# Quick banana ice cream

### Ingredients:

- 4 ripe bananas (cut into chunks)
- 3-4 tablespoons of milk
- Your favourite ice cream toppings

### You'll also need:

- A flat tray
- Clingfilm
- A food processor or blender

### Method:

- Pop the banana chunks on a flat tray and cover well with clingfilm
- Pop them into the freezer for at least 1 hour or until frozen through

# IN THE KITCHEN - Quick banana ice cream

- When ready to eat, throw the bananas into a food processor with some of the milk and blend until smooth, adding some more milk if needed
- Spoon into bowls and enjoy with your favourite toppings

**TOP TIP:**  
Add toffee or  
chocolate sauce,  
chopped nuts  
or berries

