

## Frozen hands

### You'll need:

- A rubber glove
- Water
- Treasures: try small items like buttons, beads and sequins
- A dish/tray

### Method:

- Fill your rubber glove with water
- Drop in the treasures (try and get some in the fingers as well as in the palm of the glove)
- Knot the end of the glove
- Place the filled glove into the freezer, so it will be ready to explore the next day



# LEARN THROUGH PLAY - Frozen hands

- Once it feels completely solid, peel back the rubber glove to reveal the ice hand
- You may need to cut the glove off if it's difficult to peel it away
- Pop the ice hand onto a dish/tray to collect the water as the hand melts
- As it melts the little treasures will be revealed
- Your child can speed up the melting process by pouring warm water on the ice hand, or try sprinkling on some salt
- This activity is good for your child's observation skills and will help them better understand the melting process

## Why not?

- Add some food colouring to the water to make different colour ice hands?

## The benefits of this activity:

- This is a sensory play activity that will last for hours
- Use this activity to help your child discover cold and how ice melts and find little treasures along the way



**CAUTION:**  
Close supervision  
is needed with  
small parts!