



LEARN THROUGH PLAY

Make your own playdough

Why not try making your own playdough?
Get your child to help you too.

You'll need:

- 8 tablespoons of plain flour
- 2 tablespoons of salt
- 60ml of warm water
- 1 tablespoon of vegetable oil
- Food colouring (optional)

You'll also need:

- 2 bowls
- A large spoon

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Method:

- Mix the flour and salt in a large bowl
- In your second bowl mix the water, oil and food colouring (if using)
- Pour the water/oil mix into the flour mix and use the spoon to bring together until it combines into a sticky dough
- Once it's mixed together, take it out of the bowl and knead until all the stickiness has gone. This could take a few minutes
- If you've used food colouring and it's too pale use this opportunity to add a few more drops and work it through the mixture
- If the mixture remains too sticky simply add a bit more flour

TOP TIP:
Homemade
playdough can last
for up to one week
if kept in a sealed
container

