



LEARN THROUGH PLAY

Pouring water in cups

Most children love playing in/with water. Learning to use a jug to pour water into separate cups is also beneficial to your child.

You'll need:

- A large bowl/tray
- Plastic pouring jugs/cups
- Water

Method:

- Place the jugs/cups into the bowl/onto the tray to catch any drips/spills
- Place some water in one jug/cup
- Encourage your child to pour from one jug/cup to another and back again

LEARN THROUGH PLAY - Pouring water in cups

Why not?

- Let your child play with a jug at bathtime from an early age so they can get used to using it?
- This can be a messy activity at the start so why not try this outside if it's a warm day?

The benefits of this activity:

- It will encourage your child's fine motor skills and hand eye co-ordination
- As they grow older and master the skill they'll be able to pour their own drinks



CAUTION:
Close adult supervision is needed with water at all times!

