



LEARN THROUGH PLAY

Washing up

Children love to help and there are a lot of benefits to your child's development from helping with household jobs like washing up.

Method:

- Let younger children wash up with plastic plates and cups
- As they get older let them help with the actual washing up, but remove any delicate or sharp items

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The benefits of this activity:

- It helps them feel part of the family
- It develops their team building skills as you work together
- It teaches them life skills
- It teaches them respect - helping with household jobs will make them appreciate how much work goes into keeping your home tidy



CAUTION:
Close adult supervision is needed with water at all times!

